

Family Studies and Community Services I

Family Studies and Community Services I is a one-credit course designed for students who are interested in acquiring skills for providing service to families and in preparing for a variety of careers related to family and human services. Content standards guide students in discovering how to work with family and human services clients through topics that include the role and function of individuals engaged in family and human services; career options; educational training; agencies, organizations, and resources; laws and trends in the field; disadvantaging conditions of individuals and families; client rights, responsibilities, and support services; basic life skills; workplace professionalism; professional associations; confidential record keeping; workplace safety; communication skills; developmental needs of clients; health and wellness management plans; older adults; intergenerational living; services for older adults; crisis intervention and management; coping strategies and stress management; advocacy; abuse and neglect; and technology.

Career and technical student organizations are integral, cocurricular components of each career and technical education course. These organizations serve as a means to enhance classroom instruction while helping students develop leadership abilities, expand workplace-readiness skills, and broaden opportunities for personal and professional growth.

Family and Human Services

Students will:

1. Determine roles of personnel employed in family and human services careers.
 - Examining education and training requirements for employees in family and human services careers
 - Describing personal benefits of employment in the family and human services field
2. Analyze agencies, organizations, services, and other resources available through family and human services to meet the needs of clients throughout the life span.
 - Describing characteristics of clients in need of assistance from family and human services
 - Summarizing current laws, trends, and issues that impact family and human services provided to clients
3. Explain the impact of disadvantaging conditions encountered by individuals and families.
Examples: poor health, lack of transportation, lack of income, limited mobility, loss of home, loss of spouse
 - Describing modifications needed to accommodate individuals with disadvantaged conditions
 - Describing the need for informing clients of their rights and responsibilities, including services available
4. Determine methods used in family and human services programs to equip clients with basic life skills.
5. Evaluate ways technology is used to provide services to clients.

Workplace Professionalism

6. Determine major roles and responsibilities necessary to manage family and human services programs.
7. Evaluate professional work behaviors, skills, and knowledge needed to provide services to clients, including confidentiality, professional behavior, teamwork, and maintaining accurate records.
 - Explaining the value of participation in professional family and human services organizations
8. Evaluate safety practices used in the family and human services workplace, including first aid, cardiopulmonary resuscitation (CPR), and procedures for hazardous conditions.
9. Identify interpersonal, verbal, and nonverbal communication skills needed in family and human services careers.

Client Developmental Needs

10. Compare physical, intellectual, social, and emotional developmental needs of clients throughout the life cycle.
 - Explaining theories of human development
 - Analyzing various formal and informal assessment tools to determine client needs
 - Identifying developmentally appropriate activities for clients based on needs
 - Explaining methods and techniques used to promote positive well-being and emotional stability of clients
11. Explain ways nutrition, exercise, and other lifestyle choices impact the health and wellness of clients.
 - Examples: dangers of substance abuse, health and wellness issues
12. Develop a health and wellness management plan for clients.
 - Explaining how clients are informed regarding implementation of a health and wellness management plan

Older Adult Services

13. Describe the impact of aging on the physical, mental, social, and emotional characteristics of the older adult population.
14. Determine major concerns and issues faced by older adults.
 - Examples: health, safety, housing, loss of independence, finances, social and intellectual needs
15. Describe the impact of intergenerational living on older adults and families.
16. Appraise characteristics of a quality program for providing services to older adults.

Intervention

17. Determine client situations requiring crisis intervention.
18. Analyze coping strategies and stress management practices for clients and family members that require intervention.
19. Evaluate strategies used to overcome diverse challenges faced by family and human services clients.
20. Describe ethical responsibilities regarding suspected abuse and neglect of clients.