

Parenting

Parenting may be taught as a one-credit or half-credit course. For a half-credit course, content standards 2, 3, 4, 5, 6, 8, 10, 12, 15, 16, 17, 18, and 19 must be included. The course allows students to focus on parenting roles and responsibilities. Content provides opportunities for students to explore family structures and stages of the family life cycle; roles and responsibilities of parents across the life span; factors influencing the decision to become a parent; preparation for parenthood; birth defects; challenges of teen pregnancy and parenthood; signs and changes in pregnancy; prenatal development, labor, and delivery; stages of child development; children with exceptionalities; meeting physical, health, and safety needs of children and adolescents; positive parent-child relations; guidance and discipline of children and adolescents; sources of parenting information, support, and assistance; technology impacting parenting; and career opportunities related to parenting. Observational experiences are encouraged in this course.

Career and technical student organizations are integral, cocurricular components of each career and technical education course. These organizations serve as a means to enhance classroom instruction while helping students develop leadership abilities, expand workplace-readiness skills, and broaden opportunities for personal and professional growth.

Parenting Decisions

Students will:

1. Describe family structures and their impact on parenting, including stages of the family life cycle, functions of each family member, and ways to maintain a strong family.
2. Explain roles and responsibilities of parents across the child's life span.
 - Comparing myths and realities of parenting
3. Analyze factors that influence the decision to become a parent, including cost of having and rearing a child; environmental influences impacting the health of the child and mother; age, maturity, and genetics of parents; and the need to assess career goals.
4. Explain the impact of birth defects on the decision to become a parent, including types, causes, prevention, and treatment.

Becoming a Parent

5. Explain social, financial, emotional, and educational challenges of teen pregnancy and parenthood, including risks to the mother and child.
6. Determine factors associated with pregnancy and childbirth, including signs and physical changes associated with pregnancy, stages of prenatal development, pros and cons of prenatal testing, stages of the birth process, and postnatal care for the mother and infant.
7. Recognize the impact children have on individual family members.

Parenting Practices

8. Compare child development theories.
 - Identifying child development stages
9. Describe parenting practices for children who are gifted, mentally ill, or intellectually or physically disabled.
10. Determine ways parents meet children's physical, intellectual, emotional, and social needs, including promoting independence, enhancing a child's self-concept, teaching self-discipline, teaching consequences of behavior, building children's character, and selecting age appropriate toys for infants, toddlers, and preschoolers.
11. Evaluate methods used by parents to help children cope with stress and family crisis.
12. Describe skills for promoting communication between parent and child.
13. Describe ways a parent can foster early brain development and lifelong learning.
 - Examples: language, play, reading, music, art, dramatic play
14. Identify appropriate child care providers, agencies, services, resources, and other support systems available to meet needs of parents and children.
 - Explaining ways to balance work and family
15. Explain how parents protect children from harm, disease, and illness, including identifying preventive health care practices.
 - Comparing childhood diseases, symptoms, and treatments
16. Summarize childhood emergency situations and appropriate responses.
17. Compare types, causes, and prevention of child abuse and neglect.
18. Prepare nutritious snacks and meals for children.
 - Applying sanitation procedures in the kitchen
 - Exhibiting safe and correct use of kitchen equipment

Technology and Careers

19. Determine the impact of technology on parenting and parenting practices.
20. Explain career options related to parenting, parent-child relationships, and services provided to parents.