

SUICIDE PREVENTION: KNOW THE RISK FACTORS

- Academic Pressures
- Access to Lethal Means
- Loss or Suicide of a Loved One
- Previous Suicide Attempt
- Family Dysfunction
- Health Issues (physical and mental)
- Bullying (all forms) / Harassment
- Substance Use / Addiction
- Abuse (all types)
- Lack of Purpose or Self-worth
- No Sense of Belonging
- PTSD / Complex Trauma
- Relationships:
 - Social Challenges
 - Dating Issues
 - Social “Drama”

Higher Risk Populations

Native Americans | Caucasians | LGBTQ | Men | Military Families | Perfectionists

This list of risk factors shown is not all-inclusive and is offered as a starting point.